

#### ACTIVITY:

## WORK EXPERIENCE AND EMPLOYABILITY SKILLS THROUGH SPORT

### What is the activity?

An opportunity for colleagues to engage with unemployed young people through football, dance and fitness and help them recognise the transferable skills these sports offer. All of the young people are on a structured employability programme designed to build their skills, their confidence, and to secure employment.

### Typical activity structure:

1. Colleagues are invited to join a sports session with the young people
2. Over the course of 8-12 weeks, the young people attend structured employability skills training
3. Colleagues are invited to join in these informal classroom-style sessions, delivering Employability Workshops and CV Sessions
4. Young people are encouraged to attend Site Visits to introduce them to career opportunities at DHL
5. Many young people will then have the opportunity to complete a paid work experience placement at a DHL site, and gain on-the-job experience

If you or your site would like to support one or more of these activities, please get in touch



### Did you know?

The sports and employability sessions are designed to build confidence, break down barriers and encourage young people to meet role models from DHL.



**50%** of work experience placements have resulted in the young person being offered employment within DHL.



#### CASE STUDY:

### WORK EXPERIENCE



**Who:** Steve Bebb

**Where:** Birmingham



### What Steve did:

Steve and his team supported young people in Birmingham with sport sessions, classroom activities, CV skills workshops and a site visit.

Steve also hosted five young people for paid work experience at his DHL Site. With the full support of the GoTeach charity partner, the young people completed four weeks of training and work experience and secured employment opportunities with DHL and their agency.



### Time commitment:

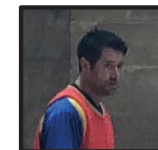
2 hours

### What Jose did:

Jose and a team from DHL took part in a football session with young people in London. Sport was a great way for the colleagues and young people to get to know each other and build confidence. Jose then went on to buddy a young person on work experience.

#### CASE STUDY:

### EMPLOYABILITY SKILLS THROUGH SPORT



**Who:** Jose de Costa Gomez

**Where:** London



### Get in touch

Visit the website

[www.dhlukfoundation.org](http://www.dhlukfoundation.org)

Email

[GoTeachUK@dhl.com](mailto:GoTeachUK@dhl.com)

Follow

[@dhlukfoundation](https://twitter.com/dhlukfoundation) on Twitter

# WHAT IS GOTEACH UK?

GoTeach UK is the partnership between the DHL UK Foundation and DHL business, who are working together to support young people across the UK who really need our help. The programme offers DHL colleagues, irrespective of location, job role or experience, the opportunity to:

- Inspire young people about the world of work
- Showcase DHL and the wide range of careers available in the logistics industry
- Raise aspirations, develop confidence and help young people prepare for employment
- Support local communities by connecting DHL colleagues and sites with their local schools

## GoTeach UK opportunities



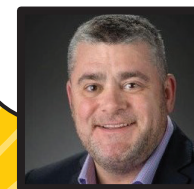
### Did you know?

Students with four or more positive interactions with companies, such as site visits or career talks, are **78% less likely to be unemployed** when they leave school and earn on average 18% more! By getting involved in GoTeach UK, you can help even more young people secure employment when they leave school.



*I feel really passionately about the huge difference DHL employees can make in local schools and communities across the UK. It was a privilege to be asked to be Chair of the GoTeach UK Ambassador Board and I'd like to encourage you, your teams and sites to get involved to help us support many more young people."*

Dean Wyatt, Ambassador Board Chair



## GET INVOLVED

We hope you're inspired to get involved in one of the many GoTeach opportunities offered by the DHL UK Foundation.

### Get in touch

Visit the website [www.dhlukfoundation.org](http://www.dhlukfoundation.org)

Email [GoTeachUK@dhl.com](mailto:GoTeachUK@dhl.com)

Follow [@dhlukfoundation](https://twitter.com/dhlukfoundation) on Twitter