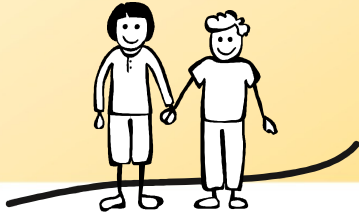


HELPING HANDS



Domestic Violence/Abuse Support Organisations

National Centre for Domestic Violence (NCDV)

The National Centre for Domestic Violence provides free legal support to the survivors of domestic violence and are able to help individuals successfully obtain and serve emergency injunctions from their local court. The service is available for **all victims of domestic abuse** regardless of age, gender, sexual orientation or financial circumstances.

The National Centre For Domestic Violence (NCDV) work in close partnership with the police, other support agencies, solicitors and **process servers** to help survivors obtain speedy protection via the courts – usually within 24hours.

Telephone: 0800 970 2070

Email: office@ncdv.org.uk

Website: www.ncdv.org.uk

Leeway

Established in 1974, Leeway is an independent charity providing support to adults, young people and children who are experiencing domestic abuse in Norfolk and Waveney. The emotional and practical advice Leeway offers enables people to get the support and protection they need. They work in a non-judgemental way with people to empower them to make independent decisions about their life and their future.

Telephone: 0300 561 0077

Email: referrals@leewaynwa.org.uk

Website: <https://www.leewaynwa.org.uk>

Victim Support

Victim Support is the independent charity for people affected by crime and traumatic events in England and Wales. They provide a specific service for people who have experienced domestic abuse. They are available to support **men and women** days, weeks and years afterwards. They work from police stations, health services and community centres to provide a support network to a wide variety of people in all locations throughout England and Wales.

Telephone: Free on 08 08 16 89 111 (open Monday to Friday 8pm-8am and 24 hours on the weekend)

Email: Contact form via the website

Website: <https://www.victimsupport.org.uk>

National Domestic Violence helpline

A freephone 24hour helpline providing advice and support to **women** with the ability to refer them for emergency accommodation.

Run in partnership between Refuge and Women's Aid. Translation facilities are available for a variety of languages.

Telephone: 0808 200 0247 (24hours)

Email: helpline@womensaid.org.uk (response within 3 working days phone for urgent enquiries)

Website: www.nationaldomesticviolencehelpline.org.uk

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HELPING HANDS

FAQs

Refuge

A national helpline offering advice and support for **women** who are victims of domestic violence.

Safe and emergency accommodation via a network of refuges is available. There is also information for men who are either being abused, or are abusers themselves, on the website.

Telephone: 0808 200 0247 (24hours)

Email: info@refuge.org.uk

Website: www.refuge.org.uk

Men's Advice Line

Men experience domestic abuse too, and it is a growing problem. The **Men's Advice Line** is a confidential helpline specifically for men experiencing domestic violence by a current or ex-partner.

This includes men of all sexual orientation, heterosexual or same-sex relationships.

The Men's Advice Line provides emotional support and advice, plus further details and support with additional services including legal, housing, mental health and other related issues.

Telephone: 0808 801 0327 (Mon-Fri 10am-1pm and 2pm to 5pm)

Email: info@mensadvice.org.uk

Website: www.mensadvice.org.uk

Women's Aid

One of the better known domestic abuse charities. A wide range of resources and information can be found on the Women's Aid website, aimed at helping **women** and **young people** who are the victims of domestic abuse. Advice can be found on legal and housing and tips on how to create a safety plan. The advice is available in 11 different languages, as well as audio.

Telephone: 0808 200 0247 (24 hours)

Email: helpline@womensaid.org.uk

Website: www.womensaid.org.uk

National Stalking Helpline

If you feel you are the victim of harassment or stalking the National Stalking Helpline can provide advice on how to deal with any type of harassment and stalking, including how to report the behaviour to the police.

Telephone: 0808 802 0300 (Mon-Fri 9.30am to 4pm)

Email: advice@stalkinghelpline.org

Website: www.stalkinghelpline.org