

# TeachFirst

# BECOME A COACH

## WITH THE TEACH FIRST COACHING PROGRAMME

**Do you want to help young people to realise their potential, regardless of their background? Do you want to develop your own professional knowledge and skills?**

**You could build your own skills and those of a teacher working in a low-income community by joining our bespoke Coaching Programme.**

### WHY?

How much you achieve in life should not depend on how much your parents earn, but in the UK it does.

At the age of five, children from the poorest families are already more than two years behind children from wealthier backgrounds – and that's before they've even started learning at school. As they progress through school they lag further and further behind, with nearly half of them achieving no GCSE passes above a D grade.

We recruit dynamic, passionate people to train and teach in the schools that need them most. They work only in schools where more than half the pupils come from the poorest homes.

**Coaching with Teach First helps to support our teachers to overcome and learn from the challenges they face in developing as leaders.**

Whether you meet to work through a complex issue, listen to an idea they've had or are at the end of the phone after a long day at school, you will be supporting your teacher's professional development as they guide their pupils to reach their potential.

The Coaching Programme is a fundamental part of the support network we build for our teachers and a way for you to have a direct and meaningful impact on young people, their families and communities.

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### WHAT?

As a coach, you will be matched with a teacher to help them develop their professional goals and address the leadership challenges they face within their school.

#### You'll receive:

- **Bespoke, high-quality training** in a range of professional coaching techniques from our partner Beyond Now
- **Year-round support** from our Coaching team and professional coaches at Beyond Now
- Access to an **online support network** where fellow coaches can share tips and explore challenges
- An **insight into the impact** our teachers make in schools in low-income communities and a chance to help them make a real change to children's lives.

You'll then meet with your teacher a minimum of four times during the year. You may also wish to visit their school, to observe a lesson and experience the challenges they face first hand.

**We will be on-hand to support you every step of the way throughout your coaching journey.**

## WHO?

Coaching is not about specific sector knowledge; it's about using professional coaching techniques to support our teachers to develop as leaders.

### A coach should have:

- over three years' experience working in a professional environment
- the ability to support individuals
- a willingness to learn and to develop the use of coaching techniques to support participants
- commitment to our vision that no child's educational success is limited by their socio-economic background

### A great coach will:

- be non-judgemental
- be an active listener, using effective questioning techniques
- build rapport and demonstrate empathy
- respond appropriately to responses in their coachee, providing appropriate feedback
- build a professional relationship based on trust and respect
- provide a space to enable their coachee to discover their own solutions and strategies, resisting the urge to provide instant answers

## WHERE?

Our Coaching Programme runs nationally across England and Wales. When you apply, you can select the event you wish to attend according to its geographical convenience and you will then be matched with a teacher in that local area. Please ensure that you select an event in the area in which you live or work, to ensure you can make the most of your coaching relationship.

We also offer a limited number of **remote coaching** opportunities to support teachers in coastal or dispersed communities where face-to-face coaching is not practical. More information available upon application.

2017 events are being held in:

- **Ashford, 9 May**
- **Birmingham, 11 May, 15 May**
- **Bristol, 7 June**
- **Cardiff, 10 May**
- **Durham, 7 May**
- **Peterborough, 13 May**
- **Leeds, 13 June**
- **Liverpool, 16 May**
- **London, 6 March, 7 March, 27 March, 28 March, 22 May, 23 May**
- **Manchester, 18 May**
- **Nottingham, 12 May**
- **Sheffield, 14 June**
- **Southampton, 25 May**

## HOW?

Applications open on **16 January 2017**.

To learn more and apply for the Coaching Programme, please visit [teachfirst.org.uk/coaching](http://teachfirst.org.uk/coaching) or email [coaching@teachfirst.org.uk](mailto:coaching@teachfirst.org.uk).

## WHAT OUR COACHES SAY...

"The Teach First Coaching initiative immediately appealed to me. I attended an intensive half day induction course hosted at UBS and facilitated by Teach First. This session provided me with valuable coaching techniques from qualified practitioners. The induction class was followed by a matching event where I got the chance to meet and get to know participants."



**Janet Wigglesworth, Global Head of Market Data Compliance, UBS**

"As an employer we really value the skills our employees can build and develop through volunteering and we can see the benefit for both employees and our business from the Teach First Coaching Programme."

**Graham Frankland, Corporate Responsibility & Citizenship Manager, National Grid**

## WHAT OUR TEACHERS SAY...

"Janet is like a really good sounding board. She makes me think and challenges me to think, 'why?' The answers are always within me but it's having someone draw them from you that helps. The whole experience has made me happier at work. The pupils can tell. I come in thinking that the positive change rubs off on them. I feel much better and I can teach better."



**Craig Appleby, Science Teacher, Cranford Community College**